



Body Awareness

Thank you for taking the time to complete your New Patient Paperwork prior to your first visit.

For your first appointment:

- Arrive 10 minutes early to enable us to process your completed paperwork.
- Bring your insurance card(s) and a picture ID.
- If you had surgery, bring your operative report or ask your doctor's office to fax the report to us prior to your first visit.
- Bring any other related documents such as reports from MRI's or X-rays.
- Dress comfortably allowing access to the body part we are treating.
- Patient gowns and changing rooms are available.

We are happy to call your insurance company to verify your eligibility and benefits. To ensure that you understand your financial responsibility, we recommend you contact your insurance company to determine your physical therapy benefits as well. If you need to re-schedule your first visit, please call the office at least 24 hours in advance.

Costa Mesa

Tel (714) 546-7575

Fax (714) 546-7573

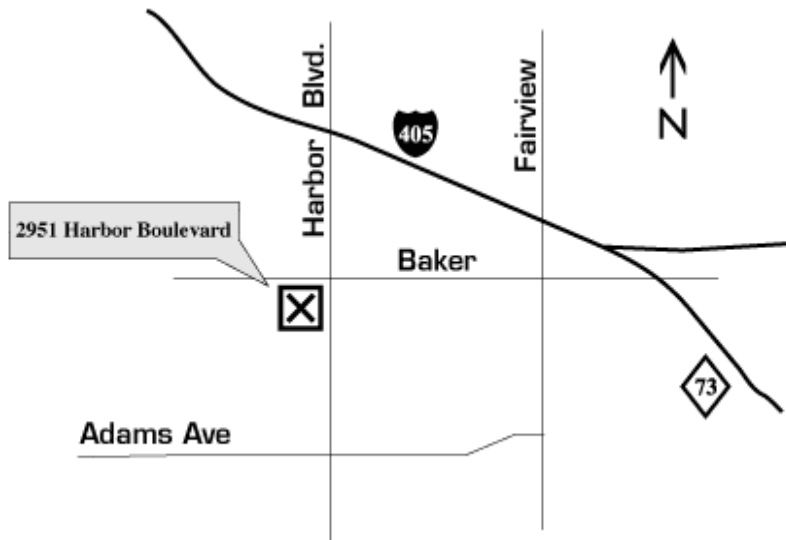
San Clemente

Tel (949) 366-3362

Fax (949) 366-3352

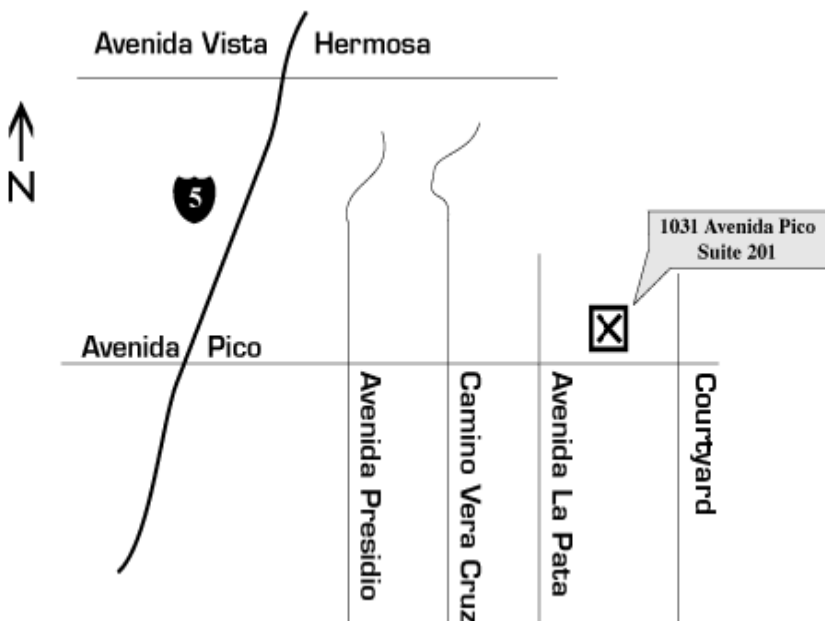
To learn more about Body Awareness visit us on the web at www.BodyAwarenessPT.com.

DIRECTIONS TO BODY AWARENESS PHYSICAL THERAPY



The **Costa Mesa** office is located at
2951 Harbor Blvd
Costa Mesa, CA 92626
(714) 546-7575

If you are coming from north of Harbor, take the 405 South, exit Harbor Blvd, turn right. If you are coming from south of Harbor, take the 405 North, exit Harbor Blvd and turn left. We are located on the southwest corner of Harbor and Baker in the same shopping center as Marukai Market and Conroy's Flowers.



The **San Clemente** office is located at
1031 Avenida Pico, Ste. 201
San Clemente, CA 92673
(949) 366-3362

If you are coming from north of Ave Pico, take the 5 South to Ave Pico, turn left. If you are coming from south of Ave Pico, take the 5 North to Ave Pico and turn right. Take Ave Pico for about 2 miles. Pass Ave La Pata and turn left on The Courtyards. We are located on the 2nd floor of the medical building.

*Online map services are not always correct for our San Clemente location. You should turn east off the 5 freeway, not west.

BODY AWARENESS PHYSICAL THERAPY, INC

CHART # _____ (For Office Use)

PATIENT INFORMATION

Name _____ SS# _____ M or F
Address _____ City _____ St _____ Zip _____
Home Phone(____) _____ Wk. Phone(____) _____ Cell (____) _____
Birth date ____/____/____ Age _____ Marital Status: M S W D Other (circle one)
Occupation _____ Employer _____
Employer's Address _____ City _____ Zip _____
Spouse's Name _____ Employer _____
Referring Physician _____

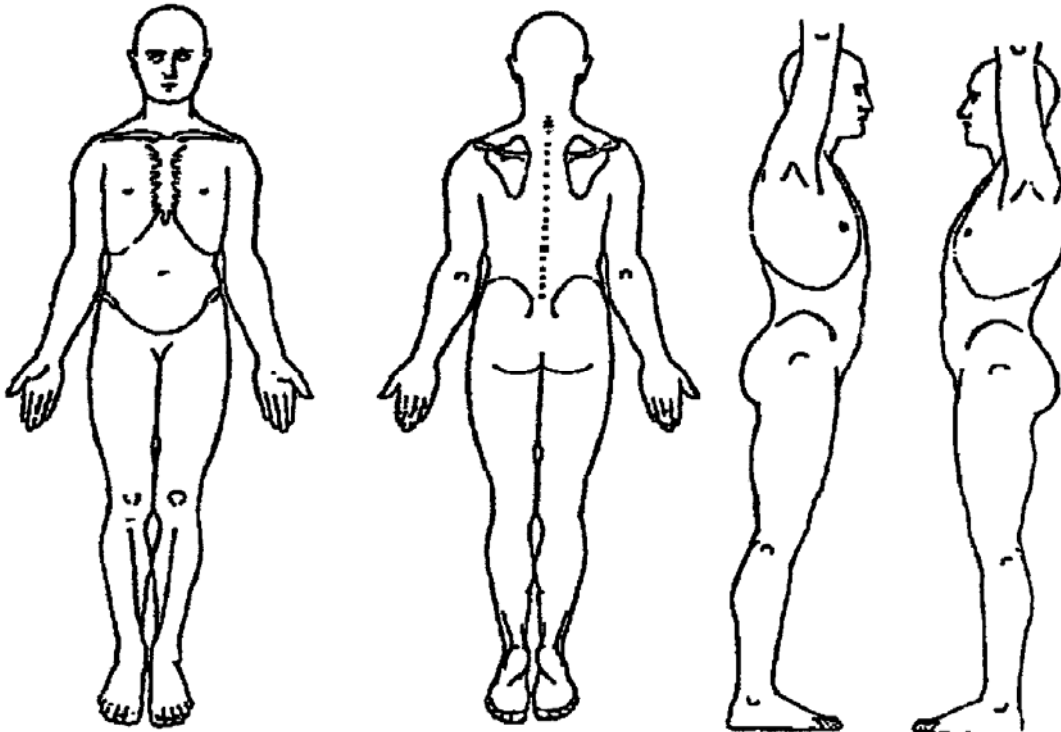
**Please circle the phone number(s) you would prefer our office used to contact you or leave voicemail regarding appointments or medical information.*

Is your injury due to a motor vehicle accident? Yes No Were you injured at work? Yes No
If yes, when? _____ Initial/Date _____

Emergency Contact Name: _____ Relation: _____
Day Phone(____) _____ Evening Phone(____) _____ Cell (____) _____
How did you hear about us? _____
Email Address: _____ Would you like to receive monthly emails? Yes No

Body Diagram

Directions: On the body diagram below, please mark the areas of your symptoms as they are at this moment.



_____ initials

MEDICAL HISTORY

Please indicate (X) any of the following whose care you are under:

- | | | |
|--|--|-------------|
| <input type="checkbox"/> Medical Doctor | <input type="checkbox"/> Psychiatrist/Psychologist | Other _____ |
| <input type="checkbox"/> Osteopathic Physician | <input type="checkbox"/> Physical Therapist | |
| <input type="checkbox"/> Dentist | <input type="checkbox"/> Chiropractor | |

If you have seen any of the above for care during the past three months then please describe for what reasons (illness, medical condition, physical exam, etc.): _____

Please indicate (X) whether you have ever been diagnosed with:

- | | | |
|--|--|--|
| <input type="checkbox"/> Heart Disease of Heart Attack | <input type="checkbox"/> Tumor or Cancer | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Kidney or Bladder Problems | <input type="checkbox"/> Respiratory Disease |
| <input type="checkbox"/> Circulation problems | <input type="checkbox"/> Stroke/TIA | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Anemia or Blood Disorders | <input type="checkbox"/> Epilepsy/ Seizures | <input type="checkbox"/> Thyroid problems |
| <input type="checkbox"/> Bleeding Disorders | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hernia |
| <input type="checkbox"/> Chemical Dependency | <input type="checkbox"/> Fibromyalgia/myofascial pain syndrome | <input type="checkbox"/> Depression |

Other condition: _____

If you have checked any of the conditions, please explain _____

Have any of your immediate family members been treated for any of the above conditions? If so, then please state what conditions and your relation. _____

Are you pregnant now? Yes No

Have you had any illnesses in the last three weeks (e.g. colds, influenza, other infections)? YES NO

Describe: _____

Please list all previous surgical procedures or hospitalizations, with approximate dates and reasons.

Do you have any surgical implants (plastic, metal...)? Yes No Explain _____

Please list all medications you are currently taking: _____

Please list all allergies: _____

Please list all imaging, with approximate dates (X-Ray, MRI, CT scan, Bone scan, PET scan, Ultrasound, EMG/Nerve conduction tests, etc.)

<u>Date</u>	<u>Image/Body Region</u>	<u>Date</u>	<u>Image/Body Region</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

How many packs of cigarettes do you smoke per day? _____

Do you drink alcohol? ___ How many days per week? ___ How much do you drink per average sitting? _____

Do you exercise regularly? YES NO What type of exercise and how often? _____

CONSENT TO TREAT

My signature below is my consent to receive and pay for physical therapy treatment at Body Awareness Physical Therapy, Inc.

Patient Signature: _____ Date: _____

Parent/ Guardian Signature(if minor): _____ Date: _____

BODY AWARENESS PHYSICAL THERAPY, INC

ASSIGNMENT OF BENEFITS

I hereby instruct my health, auto, or accident insurance carrier to pay directly to Body Awareness Physical Therapy, Inc. any benefits payable to me under my insurance policy. If my policy prohibits direct payment to my provider, then I instruct my insurance carrier to make a check payable to me, but mailed directly to the provider named above. This is a direct assignment of my rights and benefits under my policy. I also give Body Awareness Physical Therapy, Inc. the right to act as my agent under a power of attorney to endorse checks made out to me, to be credited to my account. A copy of this assignment shall be considered as effective and valid as the original. I also authorize Body Awareness Physical Therapy, Inc. to release any information pertinent to my case to any insurance company, adjustor, attorney or other persons entitled to said information who requests such information in writing.

I clearly understand and agree that all services rendered to me are charged to me and that I am personally responsible for payment, regardless of any insurance, because health, auto, or accident insurance policies are an arrangement between the insurance carrier and me.

I understand I will be responsible for payment of overdue balances, which will accrue interest at 1.5% at 30 days over due. I am also responsible to pay a \$25.00 fee applied to any returned checks. All additional fees are payable directly to Body Awareness Physical Therapy, Inc.

Print Name

Signature

Date

Responsible Party if Not Patient

Signature

Date

BODY AWARENESS PHYSICAL THERAPY, INC

NOTICE OF PRIVACY PRACTICES

Effective: April 14, 2003

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully:

Understanding your health record/information:

When receiving physical therapy services from Body Awareness Physical Therapy, Inc., a record is made of your treatment. This record contains your symptoms, diagnoses, examinations, assessments, evaluation and your treatment plan. It also contains daily treatment notes and progress notes. This record is referred to as your medical record and serves as a:

- Basis for planning your care and treatment
- Means of communication among the health professionals who contribute to your care
- Legal document describing the care you receive
- Means by which services can be verified for billing purposes
- A tool for educating physical therapy professionals
- A source of data for facility planning
- A tool with which the quality and outcome of care and services given can be evaluated.

Our pledge regarding medical information:

We understand the medical information about you is personal. We are committed to protecting this information. We create a record of care and services you receive. This record is needed to provide you with quality care and to comply with certain legal requirements. This notice applies to the records for your treatment.

How we may use and disclose your medical information:

1. **For treatment:** We may use medical information about you to provide you with treatment. We may disclose this information to your doctors, or other personnel who are involved in your treatment.
2. **For payment:** We may disclose medical information about you so that the treatment you receive may be billed to and payment may be collected from insurance or other benefits that you may be entitled to.
3. **Review for quality care:** we may disclose medical information about you for internal quality check to make sure all of our patients receive quality care.
4. **As required by Law:** We will disclose medical information about you when required to do so by federal, state or local law.
5. **Lawsuits and Disputes:** If you are involved in a lawsuit or a dispute, we may disclose medical information about you in response to a court or administrative order. We may also disclose medical information about you in response to a subpoena, discovery request, or other lawful process by someone else involved in the dispute, but only if efforts have been made to tell you about the request or to obtain an order protecting the information requested.

I have read and understand the information outlined above.

Print Name

Signature

Date

Responsible Party if Not Patient

Signature

Date

BODY AWARENESS PHYSICAL THERAPY, INC

CANCELLATION/ NO SHOW POLICY

In order to maintain the high level of quality care and one- on-one service provided at Body Awareness Physical Therapy we ask that our patients comply with a **24-hour** cancellation policy. Body Awareness requires a 24-hour advance notification when canceling an appointment. If the patient fails to comply with this 24-hour cancellation policy a fee of **\$50.00** will be charged to the patient's account due the following scheduled visit. Body Awareness reserves the right to bill the patient for any uncollected cancellation fees.

Initial & Date

OVER DUE BALANCES AND FEES

I understand I will be responsible for payment of overdue balances, which will accrue interest at 1.5% at 30 days over due. I am also responsible to pay a \$25.00 fee applied to any returned checks. All additional fees are payable directly to Body Awareness Physical Therapy, Inc.

Initial & Date

By signing this form I agree to the terms of the CANCELLATION POLICY and OVER DUE BALANCES AND FEES POLICY as stated above.

Print Name

Signature

Date

Responsible Party if Not Patient

Signature

Date